

Client Rights

Your Rights As A Client:

- Communication. Right to request how I contact you to maintain your confidentiality.
- Suggestions. You are invited to suggest changes in any aspect of the services provided.
- Civil Rights. Your civil rights are protected by federal and state laws.
- Cultural/Spiritual/Gender Issues. You may request services from someone with training or experiences from a specific cultural, spiritual, or gender orientation. If these services are not available, I will help you in the referral process.
- Treatment. You have the right to take part in formulating your treatment plan.
- Denial of services. You may refuse services offered to you and be informed of any potential consequences.
- Medical/Legal Advice. You may discuss your counseling with your doctor or attorney.

Your Rights to Receive Information:

- Risks and benefits. You have the right to be informed of the risks and benefits associated with counseling.
- Costs of services. I will inform you of how much you will pay before your first visit.
- Termination of services. You will be informed as to what behaviors or violations could lead to termination of services.
- Confidentiality. You will be informed of the limits of confidentiality and how your protected health information will be used.
- Policy changes.

My Therapy Place, PLLC Ethical Obligations:

- We are dedicated to serving the best interest of each client.
- We will not discriminate between clients or professionals based on age, race, creed, disabilities, handicaps, preferences, or other personal concerns.
- We maintain an objective and professional relationship with each client.
- We respect the rights and views of other mental health professionals.
- We will appropriately end services or refer clients to other programs when appropriate.
- We will evaluate our personal limitations, strengths, biases, and effectiveness on an ongoing basis for the purpose of self-improvement. We will continually attain further education and training.
- We hold respect for various institutional and managerial policies, but will help improve such policies if the best interest of the client is served.

Client's Responsibilities:

- You are responsible for taking an active role in the counseling process.
- You are responsible for your financial obligations as outlined in the Payment Contract for Services.
- You are responsible for following the policies of this office.
- You are responsible to treat staff and fellow clients in a respectful, cordial manner